

SATISFACTION GUARANTEED

OUR MENU IS ONLY A GUIDE, PLEASE FEEL FREE TO BE CREATIVE

WE ARE HAPPY TO SUGGEST GLUTEN-FREE ITEMS FROM OUR MENU, PLEASE ASK YOUR SERVER

APPETIZERS

THE WEDGE 5.95

a crisp wedge of iceberg lettuce, creamy bleu cheese dressing, bleu cheese crumbles, chopped tomato, shredded carrots & red onion

SWEET POTATO FRIES 5.95

served with our 1000 island dressing

POUTINE 5.95

seasoned french fries topped with our demi-glacé (brown gravy) & sharp cheddar cheese

ROASTED GARLIC HUMMUS 7.95

served with warm pita bread, celery sticks, fresh cucumber, tomato & kalamata olives

TRES TACOS PESCADOS (3) 9.95

crunchy cod, cole slaw, fresh cilantro, cheddar cheese & fresh pico de gallo in soft corn tortillas

PANKO CHICKEN TENDERS (4) & FRIES 8.95

fresh boneless fillets are hand-breaded & fried, served with seasoned fries & our honey mustard dressing

CALIFORNIA SKINS 8.95

fried potato skins topped with cheddar cheese, chopped bacon, tomato & scallions, served with cilantro buttermilk ranch dressing

ZUCCHINI PARMESAN 8.95

zucchini sticks are seasoned, breaded & fried, then sprinkled with parmesan & served with your choice of dressing

HOT SPINACH & ARTICHOKE DIP 9.95

sun-dried tomatoes, swiss, jack & parmesan cheeses, served with warm pita bread

BONELESS BUFFALO WINGS (6) 10.95

our panko chicken tenders tossed in spicy buffalo sauce, served with celery & carrot sticks & our housemade bleu cheese & cilantro ranch dressings

BBQ POT ROAST QUESADILLA 10.95

a flour tortilla loaded with braised pot roast, BBQ sauce, jack & cheddar cheese, 4 hour onions, avocado, & cilantro, served with sour cream & pico de gallo

THAI PEANUT LETTUCE CUPS 11.50

diced chicken breast, red pepper, onion, celery & fresh cilantro sautéed in our spicy peanut sauce served with iceberg lettuce cups on the side

PANKO CHICKEN TENDERS (7) 9.95

fresh boneless fillets are hand-breaded & fried, served with our honey mustard dressing

HOUSE CRAB CAKES 11.95

made by hand with lump blue crab meat, served over tarter sauce and topped with our fresh mango salsa

SOUP DU JOUR

5.95 BOWL, SERVED 11 AM 'TILL GONE

MONDAY

CORN CHOWDER

TUESDAY

SPLIT PEA WITH SMOKED HAM

WEDNESDAY

PORTUGUESE SAUSAGE & BEAN

THURSDAY

BROCCOLI CHEESE

FRIDAY

NEW ENGLAND CLAM CHOWDER

SATURDAY

CREAM OF CHICKEN

SUNDAY

TURKEY VEGETABLE

SALADS

WE SERVE ALL SALADS WITH A HONEY BRAN, CARROT RAISIN, BLUEBERRY CRUMB, ORANGE ZEST OR BANANA NUT MUFFIN

DRESSINGS: cilantro buttermilk ranch, 1000 island, balsamic vinaigrette, bleu cheese, honey mustard or olive oil & balsamic vinegar

PETITE SOUP AND SALAD 10.50

a cup of any of our soups with a small caesar, chinese chicken or grilled chicken cobb salad

SOUP AND SALAD cup/bowl 12.50/13.50

a small crock of baked onion soup or a cup or bowl of the soup du jour & a caesar, chinese chicken or grilled chicken cobb salad

CHINESE CHICKEN SALAD 10.95

breast of chicken, scallions, julienned romaine, toasted won tons & rice sticks, tossed in a sesame oil & rice vinegar dressing

GRILLED CHICKEN COBB 11.25

diced chicken, smoked bacon, avocado, green onions, vine ripe tomato, crumbled bleu cheese and chopped lettuce with choice of dressing

CRAB LOUIE 12.95

lump blue crab meat, hard boiled egg, avocado, cucumber, tomato, & radish sprouts served over crisp iceberg lettuce with 1000 island dressing on the side

APPLE WALNUT BLEU CHEESE SALAD 11.25

crisp sliced green apple, crunchy walnuts, dried cranberries, crumbled bleu cheese and pomagranate seeds tossed with fresh greens & our balsamic vinaigrette

PANKO CHICKEN SALAD 11.95

crunchy boneless tenders served over chilled greens tossed with honey mustard dressing, half an avocado, roma tomato, hard cooked egg, sliced cucumber & radish sprouts

CHOPPED SALAD 11.25

finely chopped genoa salami, chicken breast, feta cheese and roma tomato with grated carrots & garbanzo beans, we suggest our balsamic vinaigrette

CURRIED CHICKEN SALAD 11.50

our chunky curried chicken salad on fresh greens with half an avocado, radish sprouts, cucumber & roma tomato

MEDITERRANEAN ALBACORE SALAD 11.95

flake white albacore on mixed greens, tossed with diced tomato, garbanzo beans, kalamata olives, grated carrots, pomegranate seeds, feta cheese & our balsamic vinaigrette

BBQ CHICKEN SALAD 11.25

chilled breast of chicken, chopped lettuce, sweet corn & jicama with cilantro buttermilk ranch dressing, hickory bbq sauce & crunchy tortilla strips

CAESAR SALAD 9.95

with CHICKEN 11.95

with a CRAB CAKE 12.95

with BLACKENED SALMON 13.95

SOUPS

FRENCH MARKET ONION SOUP 6.95

topped with a thick layer of melted mozzarella served with crisp parmesan garlic toast

CHICKEN TORTILLA 6.95

topped with grated monterey jack, fresh cilantro & crispy tortilla strips

TURKEY VEGETABLE 5.95

OUR FRIENDS AT THE LA COUNTY HEALTH DEPARTMENT WANT YOU TO KNOW THAT CONSUMING RAW OR UNDERCOOKED FOOD MAY BE HAZARDOUS TO YOUR HEALTH

SUPPERS

WE SERVE DINNER WITH ONE OF OUR 4 DAILY SOUPS OR A MIXED GREEN OR CAESAR SALAD, SAUTÉED SPINACH, SEASONED FRIES, RED SKINNED MASHED OR ROASTED POTATOES AND DINNER BREAD OR A HOMEMADE MUFFIN

CLASSICS

BRAISED POT ROAST 16.95
choice chuck roast braised in red wine, beef stock & vegetables
(served from 5 p.m. until gone)

KENNY'S BEEF STEW 16.95
tender chunks of braised beef, carrots, celery, onions & sweet peas in a rich beef stock, served with crusted red skinned mashed potatoes & parmesan garlic toast (no additional potato or vegetable)

MB MEATLOAF 17.95
made from scratch daily with brown sugar smoked bacon, onions, peppers, & our special blend of seasonings, topped with bbq demi-glace, served with red skinned mashed potatoes & sautéed spinach

KUROBUTA SHORT RIBS 19.95
slow braised Berkshire pork short ribs with a pineapple soy mustard reduction over red skinned mashed potatoes & sautéed spinach (served from 5pm until gone)

BROILED NEW YORK STRIP STEAK (14 OZ.) 23.95
with our bleu cheese butter on request

FISH

BEER BATTERED FISH & CHIPS 16.95
moist fried cod fillets & seasoned fries served with cole slaw

BLACKENED MAHI MAHI 18.95
fresh mango salsa, coconut rice, refried black beans & sriracha lime sauce on the side

GLAZED ATLANTIC SALMON 19.95
fresh ocean farmed salmon basted with sweet red chili sauce, rice vinegar & lime juice

HOUSE CRAB CAKES & CHIPS 21.95
made by hand with lump blue crab meat and served with seasoned fries over coleslaw and topped with tartar sauce and fresh mango salsa

NIGHTLY FEATURES

5 PM 'TILL GONE

SERVED WITH ONE OF OUR 4 DAILY SOUPS OR A MIXED GREEN OR CAESAR SALAD & DINNER BREAD

MONDAY & TUESDAY
ANGEL HAIR & HOMEMADE MEATBALLS (3) 16.95
with our marinara sauce, shaved parmesan & crusty garlic toast

WEDNESDAY & THURSDAY
PELAYO'S CHICKEN ENCHILADAS 16.95
three corn tortillas stuffed with shredded chicken then covered in salsa verde, jack & feta cheeses, served with Mexican rice & refried black beans

FRIDAY
GRILLED ATLANTIC SALMON 19.95
simply grilled & then topped with tangy pickled onions, and a smoky cilantro vinaigrette, served with red skinned mashed potatoes & sautéed spinach

SATURDAY & SUNDAY
SLOW ROASTED PRIME RIB 21.95
served with sautéed garlic spinach & choice of potato

PASTA

SERVED WITH ONE OF OUR 4 DAILY SOUPS OR A MIXED GREEN OR CAESAR SALAD & PARMESAN GARLIC TOAST

WALNUT BASIL PESTO PASTA 14.95
angel hair pasta tossed in housemade pesto with shaved parmesan

BLACKENED CHICKEN PENNE 15.95
penne pasta tossed with grilled blackened chicken breast, scallions, sweet red pepper & parmesan cream

ANGEL HAIR CARBONARA 15.95
angel hair pasta tossed with smoked ham, diced onion, sweet peas & sun-dried tomato pesto with parmesan cream sauce

PENNE WITH CHICKEN, SPINACH & PINE NUTS 16.95
penne pasta tossed with grilled chicken breast, baby spinach, sun-dried tomatoes, feta cheese & pine nuts with our parmesan cream sauce

CHICKEN

STIR FRY CHICKEN 14.95
lots of chicken & crisp vegetables stir-fried in honey & soy sauce served on wild or coconut rice (no additional potato or vegetable)

CHICKEN PICCATA 15.95
a fresh chicken breast sautéed with lemon juice, fresh garlic, capers & a little white wine served with our roasted potatoes

BUTTERMILK HONEY FRIED CHICKEN 16.95
served over red skinned mashed potatoes with country gravy

SIDES

3.95

SEASONED FRIES

SAUTÉED GARLIC SPINACH

ROASTED POTATOES

CARAMELIZED BRUSSEL SPROUTS

STEAMED COCONUT RICE

RED SKINNED MASHED POTATOES

SAUTÉED GARLIC BROCCOLI

LOADED MASHERS \$5.95
our red skinned mashed potatoes topped with shredded cheddar, brown sugar smoked bacon bits, sour cream, and scallions

WE USE RECYCLED PAPER MANUFACTURED WITH SUSTAINABLE RAW MATERIALS
THIS PAPER WAS MADE WITH 100% RENEWABLE GREEN ENERGY

OUR SANDWICHES & BURGERS ARE ACCOMPANIED BY A CHOICE OF SEASONED FRIES,
HOMEMADE SOUP, FRESH FRUIT OR MIXED GREENS

SANDWICHES

HALF A SANDWICH 7.95

half of a tuna, turkey salad or sliced turkey sandwich with fresh fruit

GRILLED FOUR CHEESE 8.95

sun-dried tomato pesto, swiss, monterey jack, & mozzarella cheeses on parmesan crusted sourdough

WALNUT TURKEY SALAD 9.95

on cinnamon raisin bread with sliced tomato

BUFFALO CHICKEN SANDWICH 10.25

crispy boneless tenders tossed in spicy buffalo sauce with a little bleu cheese dressing & cole slaw on a whole wheat bun

TUNA MANHATTAN 10.95

melted cheddar cheese over white tuna salad, sliced avocado, vine ripe tomato & radish sprouts on a whole wheat bun

CURRIED CHICKEN WRAP 10.95

diced chicken breast, green apple, dried cranberries, pine nuts & red onion dressed with curry mayo & wrapped with lettuce & tomato in a sun-dried tomato tortilla

1129 9.95

sliced tomato, red onion, fresh spinach, half an avocado, radish sprouts & smoked gouda with a little balsamic vinaigrette on 9 grain wheat bread

BRAISED POT ROAST DIP 10.95

4 hour onions, horseradish mayo & au jus on sweet french baguette

or try it as a melt with jack cheese on parmesan grilled sourdough! 11.95

BLT & AVOCADO 10.95

smoked bacon, crisp lettuce, sliced tomato, mayo & half an avocado on 9 grain wheat

GRILLED CHICKEN FOCACCIA 11.95

broiled chicken breast with julienne sun-dried tomatoes, feta cheese, pine nuts, fresh spinach & our green onion mustard mayo on grilled rosemary focaccia

THE ORIGINAL REUBEN (1914) 11.95

smoked ham, swiss cheese, roast turkey, cole slaw & 1000 island dressing served on hand sliced corn rye

THE CHICKEN CLUB 11.95

grilled chicken, smoked bacon, lettuce, tomato, & mayo as a triple deck sandwich

BLACKENED SALMON SANDWICH 12.95

dusted with cajun spices, grilled & served on a toasted brioche bun with lettuce, tomato & our mamou sauce on the side

CRAB CAKE PO' BOY 13.95

our housemade blue crab cakes with sriracha mayo, shredded lettuce, tomato, & shaved red onion on parmesan garlic grilled baguette

BACK OF THE HOUSE BURRITO 10.95

a warm flour tortilla stuffed with grilled chicken, black beans, wild rice, sour cream, lettuce, and tomato then smothered in chipotle sauce and melted cheddar and topped with half an avocado, pico de gallo, and more sour cream on the side

BURGERS

WE ARE HAPPY TO SUBSTITUTE AN ALL NATURAL GARDENBURGER PATTY UPON REQUEST

KETTLE BURGER 9.25

half pound burger, lettuce, tomato, pickle & 1000 island dressing

add cheddar cheese 9.95

THE HIGHLANDER 13.95

half pound burger and cheese X 2 along with lettuce, tomato, pickle & 1000 island dressing. Try it with our 4 hour onions

TURKEY BURGER 9.25

half pound burger, lettuce, tomato, pickle, & 1000 island dressing

add cheddar cheese 9.95

PATTY MELT 9.95

half pound burger with cheddar cheese & grilled onion on grilled corn rye

ALBACORE TUNA MELT 9.95

with cheddar cheese on grilled corn rye

BBQ BACON CHEDDAR BURGER 10.95

half pound burger on a toasted brioche bun with tangy bbq sauce, crisp smoked bacon & cheddar cheese

ROASTED GARLIC & BLEU BURGER 10.95

half pound burger with melted bleu cheese & roasted garlic on a toasted brioche bun

FRENCH QUARTER 11.95

half pound burger with melted swiss cheese, smoked bacon, avocado, tomato, red onion & 1000 island dressing on grilled sourdough

CUBANO 11.95

half pound burger on a toasted brioche bun with grilled shaved ham, swiss cheese, pickles & our mamou sauce

UNDER 9 & OVER 90

INCLUDES A CHOICE OF SEASONED FRIES,
SOUP OR FRESH FRUIT & MILK, SODA OR LEMONADE

5.95

TWO SCRAMBLED EGGS

CHOCOLATE CHIP OR
MICKEY MOUSE PANCAKE
served with bacon or sausage

FRENCH TOAST

AUDREY CAKES
mini pancakes with pb & j
on the side & bacon or sausage

GRILLED CHEESE

MINI HAMBURGERS (2)

CHICKEN FINGERS (3)
honey mustard dressing

HAM OR TURKEY & CHEESE WRAP

KRAFT MACARONI & CHEESE

STATE FAIR CORN DOGGIES (6)

WHITE SANGRIA

CRISP SAUVIGNON BLANC, A SPLASH OF CLUB SODA,
SEASONAL FRUIT & ICE 7.95

WINE BY THE GLASS

WHITE

PINOT GRIGIO, TORRE DI LUNA, ITALY	7.50
REISLING, SKYLEAF, NEW ZEALAND	7.95
VIOGNIER, MCMANIS, CALIFORNIA	8.95
SAUVIGNON BLANC, GEYSER PEAK, CALIFORNIA	7.95
SAUVIGNON BLANC, KIM CRAWFORD, NEW ZEALAND	8.95
CHARDONNAY, ROUND HILL, CALIFORNIA	6.95
CHARDONNAY, KENDALL JACKSON, VINTNER'S RESERVE, CALIFORNIA	8.95
PROSECCO, TIAMO, ITALY (SPLIT)	8.95
WHITE ZINFANDEL, BERINGER, NAPA	7.50

RED

PINOT NOIR, CONCANNON, CALIFORNIA	7.95
PINOT NOIR, CHALONE, MONTEREY	8.95
CHIANTI, TIAMO, ITALY	7.95
GRENACHE TEMPRANILLO, BORSALO, SPAIN	7.95
ZINFANDEL, JOEL GOTT, CALIFORNIA	7.95
MERLOT, ROUND HILL, CALIFORNIA	7.95
MALBEC, SANTA JULIA, ARGENTINA	7.95
PETITE SIRAH, VINUM, CALIFORNIA	8.95
SHIRAZ CABERNET, PENFOLDS, KOONUNGA HILL, AUSTRALIA	7.95
CABERNET, ROUND HILL, CALIFORNIA	7.95
CABERNET SAUVIGNON, BV, NAPA	8.95

DRAFT BEERS

ALLAGASH WHITE, ALLAGASH BREWING, PORTLAND, MAINE	6.95
RED SEAL ALE, NORTH COAST BREWERY, FORT BRAGG, CALIFORNIA	6.50

BOTTLED BEER

COORS LIGHT, USA	4.95
STELLA ARTOIS, BELGIUM	5.95
SAMUEL ADAMS, USA	5.95
NEWCASTLE BROWN ALE, UK	5.95
CORONA, MEXICO	5.95
FAT TIRE, USA	5.95
BLUE MOON, USA	5.95
AMSTEL LIGHT, HOLLAND	5.95
HEINEKEN, HOLLAND	5.95
RED STRIPE, JAMAICA	5.95
SAPPORO (21 oz), JAPAN	8.95
CHIMAY BLUE, BELGIUM	9.95
DELIRIUM TREMENS, BELGIUM	10.95

BEVERAGES

ALL COFFEE DRINKS AVAILABLE AS DECAF

COKE, DIET COKE, ROOT BEER, GINGER ALE OR SPRITE (ENDLESS REFILLS)	2.95
LEMONADE OR BLACKBERRY LEMONADE	2.95
ARNOLD PALMER	2.95
HOT OR ICED TEA	2.50
ICE COLD MILK, NONFAT MILK OR BUTTERMILK	2.95
APFFEL'S COFFEE OR DECAF	2.50
HOT CHOCOLATE	2.95
WAIWERA WATER, NEW ZEALAND 500 ML. (BUBBLES OR STILL)	4.95
ESPRESSO	2.95
CAPPUCCINO	3.95
ICED CAPPUCCINO	3.95

SWEETS

AFFOGATO vanilla bean ice cream & chocolate sauce drowned with a shot of hot espresso	5.95
CHOCOLATE BANANA MILK SHAKE	4.95
FRESH BLACKBERRY HOT FUDGE SUNDAE	5.95
WORLD'S BEST CARROT CAKE	5.75
WARM BLACKOUT CAKE A LA MODE	5.95
CRÈME BRULÉE CHEESECAKE	5.95
WARM APPLE CINNAMON COBBLER A LA MODE	5.95

HOUSEMADE BREAD PUDDING & WHISKEY SAUCE	5.95
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JUICE & BUBBLY

FRESH SQUEEZED JUICE	2.95/3.95
orange, grapefruit, apple, cranberry or tomato	
BANANA STRAWBERRY JUICE	3.95/4.95
RED EYE	5.95
tomato juice & corona	
MIMOSA	7.95
fresh oj & sparkling wine	
HIBISCUS	7.95
cranberry juice & sparkling wine	

THE BREAKFAST CLUB

SERVED WITH BREAKFAST POTATOES & CHILLED JUICE OR SEASONAL FRESH FRUIT

KETTLE BREAKFAST	7.95
one egg any style, 2 strips of bacon, toast & jelly or a fresh baked muffin	
EGGS BENEDICT	10.95
poached eggs, grilled ham, english muffin, hollandaise	
CRABCAKE BENEDICT	13.95
poached eggs, house crabcakes, english muffin & orange cilantro hollandaise	
CALIFORNIA BENEDICT	10.75
our vegetarian benedict with poached eggs avocado, grilled tomato, 4 hour onions, english muffin & hollandaise	
OEUF PAIN PERDU	10.95
two eggs, bacon or sausage, breakfast potatoes & french toast stuffed with cream cheese & orange marmalade	
BREAKFAST BURRITO	10.95
scrambled eggs, diced corn tortillas, green onions, chopped jalapeños, tomato, cilantro, & jack cheese wrapped in a flour tortilla with chipotle sauce & refried black beans	
HUEVOS RANCHEROS	10.95
3 fried eggs atop corn tortillas, refried black beans, 4 hour onions, cilantro & potatoes covered with jack & cheddar cheeses, chipotle sauce, avocado & fresh pico de gallo	
COUNTRY BENEDICT	11.25
scrambled eggs, two maple sausage links, black pepper buttermilk biscuits & country gravy	
BREAKFAST BURGER	11.95
half pound burger with cheddar, bacon & a sunny side up egg on a toasted brioche bun	
SMOKED SALMON BENEDICT	12.95
poached eggs, smoked salmon, grilled tomato, sautéed spinach, english muffin & hollandaise	

THE GRIDDLE

BUTTERMILK PANCAKES	5.95
FRESH BANANA PANCAKES	6.95
HONEY BRAN PANCAKES	6.95
THE BREAKFAST SANDWICH	8.95
scrambled eggs, smoked bacon, grilled tomato, & cheddar cheese on parmesan crusted 9 grain wheat (4 hour onions on request)	
PANCAKE OR FRENCH TOAST BREAKFAST	7.95
3 buttermilk pancakes or 2 french toast with 2 eggs, any style & smoked ham, bacon or sausage	
BRIOCHE OR HOUSEMADE BREAD	
PUDDING FRENCH TOAST	6.95
BANANAS FOSTER FRENCH TOAST	8.50
cinnamon raisin french toast, bananas & walnuts sautéed in brown sugar cinnamon butter	

FRUIT & CEREAL

CHILLED SEASONAL FRESH FRUIT	3.95
STEEL-CUT OATMEAL (6 a.m. - 11 a.m.)	4.25
CRANBERRY MAPLE GRANOLA	4.95
SARAH'S FAVORITE	6.95
fresh seasonal fruit, low-fat yogurt or cottage cheese, house granola & clover honey	
SMOKED SALMON & BAGEL PLATE	10.95
toasted bagel, lox, cream cheese, sliced tomato, capers, red onion & hard cooked egg	

EGGS

SERVED WITH BREAKFAST POTATOES & YOUR CHOICE OF TOAST OR MUFFIN

TWO LARGE AA EGGS	6.95
SMOKED BACON & EGGS	8.95
MAPLE SAUSAGE LINKS & EGGS	8.95
SMOKED HAM & EGGS	8.95
FRESH GROUND BEEF PATTY & EGGS	8.95
APPLE CHICKEN SAUSAGE & EGGS	8.95
CHICKEN BREAST & SCRAMBLED EGG WHITES (6)	9.95
HOUSE POT ROAST HASH & EGGS	10.95
shredded pot roast, crispy breakfast potatoes, 4 hour onions, sautéed spinach & a touch of horseradish topped with two eggs any style	

OMELETTES

SERVED WITH BREAKFAST POTATOES & YOUR CHOICE OF MUFFIN

MARDI GRAS	11.25
turkey, avocado, bacon, jack cheese	
INTERNATIONAL	11.25
smoked ham, bacon, sausage, mushrooms, tomato, cheddar cheese	
BLUE CRAB	11.95
jack cheese, diced tomato, scallions, salsa verde	
DENVER	10.95
smoked ham, diced onion, bell pepper	
VEGETABLE	10.25
broccoli, zucchini, yellow squash, mushrooms, red & green peppers	
LORRAINE	10.95
smoked bacon, swiss cheese, diced onions	
MUSHROOM, JACK, SPINACH & ONION	10.95
NY SCRAMBLE	11.95
3 eggs scrambled with smoked salmon, sautéed red onion, scallions & sour cream	

SIDES

HOMEMADE MUFFINS (2)	2.95
honey bran, carrot raisin, blueberry crumb, orange zest or banana nut	
TOAST & JELLY OR ENGLISH MUFFIN	2.95
BREAKFAST POTATOES	2.95
SHORT STACK OF PANCAKES (3)	4.25
HAMBURGER PATTY OR HAM STEAK	4.50
SAUSAGE LINKS OR SMOKED BACON	3.95
BAGEL WITH CREAM CHEESE	2.95
CHICKEN BREAST	5.25
APPLE CHICKEN SAUSAGE	4.50

HOUSEMADE BLACK PEPPER BUTTERMILK BISCUITS & COUNTRY GRAVY	\$3.95
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